



## **The Beginning of Being**

*A visualization exercise delivered by a Huon Pine in Tasmania.*

### **HUON PINE TREE:**

Each tree of my species has memory from the beginning. It is as if I were here when it was all one continent. And when each was cut, we were cut. You don't have your memory of the beginning of being.

Go back now to the beginnings of humans. Not what your scientists tell you. Go back to when the light beings appeared. They had human form. They were physical. Can you remember when you lived up to 800 years old?

Now come to the point where you stunted your growth. When you forgot how to grow as humans. When did fear become more important? When did it become more important to protect yourself and not be bountiful? When was it wrong to have bounty, to have plenty? This forest only exists because there's more than enough water.

In those places where you were stunted bring the energy from the planet and touch it. The Earth requires something. It requires that you stretch, and continue to stretch, and continue to stretch, to keep growing. When the Earth touches you, it wants to be treasured. It wants to continually give to you and continually be treasured.

Never deny a gift. From the time beginning, all creatures make things from this planet. Not only have humans been artists, other creatures, too. But humans have sought how to be artists in so many ways: to bring music into the world, to bring beauty, to transform. That's how you stretch and transform and make beautiful things from the Earth itself.

Do you stop listening to somebody with a beautiful voice singing? Do you think they got that voice without the Earth?

If you deny the beauty then you are stunted. When you deny what the Earth has to offer, you deny your own life force.